A GARDEN OF PRAYERS

Authentic Du'aas • Kalimahs • Salaah

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He bade you to ask from Him only and this is the True Believers way,
He then grants more than you desire and never demands you to pay,
Now keep begging from Him sincerely in the early hours of the day,
This connection and habit of asking all your life should stay.

Dont be neglectful in asking Him and bring life to your dead soul,
Turning away from His Majestic Court will make you stumble and fall,
Learn how to ask from Him and become beloved by one and all,
Your Dua will reach His Arsh soaring through the heavens wall.

A nobleman never rejects the one at his door and gives to the passer by,
Your humble begging bowl should face upright to Him holding it up high,
Direct the needle of your heart towards His Mercy and He will become Shy,
'He will never return you empty handed,' our Beloved Prophet never did lie.

Remember the etiquettes of Dua and dont be hasty or feel weak,
Dua is an act of worship and theres great reward in what you always seek,
He is All Wise and full of Wisdom, His Judgement for you will not turn bleak,
So show humility and dependancy, He Loves the humble, patient and meak.

He loves those who beg of Him and Wrathful from those who show pride,
All your heartful wishes and hopes in your One True King should confide,
To hear a response from your Dua in His Way you should live and abide,
Make Him yours by constant Dua and you will find Him always by your side.

Mawlana Sajid Irshad Saahib
(Imaam Masjid Farooq-e-Azam, Burnley, UK)

(May Allah pardon him)

14th July 2014 (15th Ramadhan 1435)

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بسم الله الرّحمن الرّحيم
نحمده ونصلّى على رسوله الكريم امّا بعد

INTRODUCTION

By the grace and blessing of Allah I had the privilege and honour to study at Jamiatul Ilm Wal Huda (Darul Uloom Blackburn) from 1997-2006.

After completing Hifdh in 2000, I further had the honour to complete the Aalim course under various eminent Scholars and the full Tajweed and Qira'ah course.

Upon graduating I began educating and managing young children. It was my passion and ambition to produce material for young children to aid them in the basic Islamic knowledge.

By the grace of Allah I started to take every step into producing a book which can be the foundation of a Madrasah syllabus alongside the learning of the Glorious Qur'aan and Islamic Studies. It consists of authentic Du'aas (prayers) from the Glorious Qur'aan and Hadeeth, Kalimahs of Aqeedah and Salaah.

Many books have been produced in the past by respected Scholars on Du'aas which have indeed benefitted children, however after working with children for a number of years I felt the need for a more comprehensive collection of Du'aas covering many common and reoccurring situations. The chosen size for the book is so that all the material is very clear for the children to read. All efforts have been made to make it child friendly with beautiful illustrations. Virtues have been added to the relevant sections and Muawwadhaat (Seeking protection in Allah) which are essential in a Muslim's life. All Du'aas are fully referenced to the best of my ability and meticulously cross checked by prominent Scholars.

The book is in 9 colour coded levels in accordance to the Madrasah syllabus ageing from 5-13. Each level can easily be taught in a year.

"A Garden of Prayers" is also very beneficial for adults alike to learn and practice in their life.

Lastly I would like to humbly express my gratitude to the respected Ulamaa who have checked the material (Du'aas/translation/reference) and my teachers for their overwhelming support throughout this quest. Not to forget the Al-Furqaan Publication Team for their continuous encouragement, help and support from start to end. A great thank you to Mohammed Afraz at Star Print for all his hard work and efforts, may Allah grant him the best of both worlds. Finally I must not forget my parents and family who have contributed immensely by supporting me and guiding me on this path of Deen.

I ask Almighty Allah to put this small effort in my and the Al-Furqaan Publication Team's scale of good deeds on The Day of Judgement. May Allah allow us to serve His Deen in the most sincere way and allow us to prepare for the hereafter before we breathe our last. (Aameen)

Mawlana Amir Nazir (Nelson, Lancashire, UK)
(Graduate of Jamiatul Ilm Wal Huda, Blackburn, U.K)

(May Allah pardon him)
14th July 2014 (15th Ramadhan 1435)

بسم الله الرّحمن الرّحيم
نحمده ونصلّى على رسوله الكريم امّا بعد

FOREWORD

Mankind's success in this life is dependent on recognising his creator Allah and accepting Him as the One and only worthy of worship. This phenomenon should prevail in all aspects of his life, that in all matters and situations he only turns towards Allah and sees Him alone as the one to bring benefit or harm.

The life of our beloved Nabi sallallāhu'alayhi wasallam was an embodiment of this reality. From morning to evening and in all different situations, we find our Nabi sallallāhu'alayhi wasallam always turning to Allah and making Du'a (supplication). Nabi sallallāhu 'alayhi wasallam's recognition of Allah was at a par which can never be matched. Thus his manner of turning to Allah and making Du'a (supplication) is of the same level. It is for this reason we find that the Du'as (supplications) of our beloved Nabi sallallāhu 'alayhi wasallam are compiled and Muslims are encouraged to memorise them and read them at their prescribed time.

Alhamdulillah, this Du'a book compiled by Mawlana Aamir consists of the different Du'as Nabi sallallāhu 'alayhi wasallam recited, which are found in the books of Hadeeth. It has been prepared in a simple to understand, colourful and appealing manner for students of maktab, so that they are able to easily memorise and adapt to the Du'as made by the Prophet (sallallāhu 'alayhi wasallam).

I pray Allah accept this effort of Mawlana Aamir and accept him for further service of Deen and the Ummah.

Shaykh-Ul-Hadeeth Mawlana Muhammad Saleem Dhorat(Hafizahullah)
(Founder and Principal of Islamic Dawah Academy Leicester, UK)

بسم الله الرّحمن الرّحيم
الحمد لله ربّ العالمين والصلاة والسلام على رسول الله

FOREWORD

Our beloved mother, Aa'isha (R.A) mentions, "The Messenger of Allah ﷺ used to remember Allah at all moments."
(Sahih Muslim)

The great Islamic scholar, Hadhrat Mawlana Muhammad Anwar Shah Kashmiri (R.A), writes in his commentary that this narration of Aa'isha (R.A) indicates that the Messenger of Allah ﷺ used to recite a dua for each situation he encountered. For example, when the Messenger of Allah ﷺ entered the Masjid he recited the dua for entering the Masjid, when the Messenger of Allah ﷺ visited the market he recited the relevant dua and when the Messenger of Allah ﷺ visited the sick he consoled them with a befitting dua, etc. Therefore, learning and practicing these du'aas for the appropriate situations is essential for instilling the remembrance of Allah in one's life. Inculcating this Sunnah of our beloved Messenger ﷺ from a young age is of paramount importance in order to create the awareness of Allah and taqwa, as one will come to realise that Allah is watching everything we do.

Alhamdu-lillah, the author of this publication has compiled approximately one hundred fully referenced duaas for maktab students, which cover many common and reoccurring situations. Originally the book was targeted at young seekers of knowledge, however the book is of great benefit to all Muslims alike. Therefore, I would strongly recommend all individuals to take benefit from this book, learn the duaas and practice them.

May Almighty Allah make this humble effort a means of elevation in both worlds for the author and make this book a source of continuous reward for the author and his associates. Ameen.

Hadhrat Mufti Abdus-Samad Ahmed(Hafizahullah)

(Principal, Jamiatul-Ilm-Wal-Huda Blackburn, UK)

Guidelines for teachers and parents

- Teachers should designate a fixed time and give the same amount of attention to the Kalimahs, Du'aas and Salaah as you would to a totally separate subject.
- Remember a level is taught over the whole year, so space it out however you feel is best. Plan the full year bearing in mind the HOLIDAYS.
- It is important that the children learn everything slow, loud and clear, with correct pronunciation.
- Regular repetition/revision of previous Du'aas is important; therefore designate a time for this either weekly or fortnightly. Before half-year/annual exams spend minimum 2/3 weeks on revision.
- Praise children for learning. Give small prizes/certificates for achieving each level of Du'aas to motivate.
- Make learning Du'aas fun by playing games/quizzes at the end of class or maybe once a week, where all the children form a circle and read a Du'aa which they have learnt recently or previously. Another game: Form teams of 4/5 ask different Du'aas and give points. Highest scoring team wins and receive a prize.
- Teachers should identify each child's learning level and ability. Keep a record of how long a child takes to memorise a Du'aa. Help and give more support to the weak students.
- Regular reading of the Kalimahs with the translation everyday is an excellent way of instilling Aqeedah in our children. It only takes 5 minutes at the most.
- Parents should help/remind children to apply the Du'aas at the correct times. Try to spend a little time maybe once a week going over each lesson.

PRIOR TO EACH LEVEL A CONTENTS PAGE HIGHLIGHTS EACH DU'AA NUMBER AND TITLE TOGETHER WITH TICK BOXES FOR ARABIC AND ENGLISH TRANSLATIONS WHICH TEACHERS CAN TICK TO APPROVE A STUDENT HAS LEARNT THAT SPECIFIC DU'AA



BOOK CONTENTS




بسم الله الرحمن الرحيم

1
Level One

Tick the Arabic or English boxes when you have memorised the Du'aas

	Arabic	English
1. Tasmiyah/Before starting a task		
2. Du'aa for increase in knowledge		
3. Descending stairs/downhill		
Ascending stairs/uphill		
4. Before sleeping (1)		
5. Before eating		
6. Before drinking water		
After drinking water		
7. Upon forgetting to read the Du'aa before eating		
8. After eating (1)		
9. Thanking somebody		
10. Greeting a Muslim		
Replying to a greeting		
11. After making a mistake (1)		
12. After you say, hear or read the name of Prophet Muhammad		
13. Intending to do something		
1st Kalimah Tayyibah (Purification)		
2nd Kalimah Shahaadah (Testification)		
3rd Kalimah Tamjeed (Glorification)		

❶ Tasmiyah/Before starting a task

﴿بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ﴾

In the name of Allah the Most Kind the Most Merciful.

Holy Qur'aan: Surah Naml (Chapter 27, Verse 30)

❷ Du'aa for increase in knowledge



Read Before Learning

﴿رَبِّ زِدْنِيْ عِلْمًا﴾

O my Lord! Increase me in knowledge.

Holy Qur'aan: Surah Taahaa (Chapter 20, Verse 114)

❸ Descending stairs/downhill



﴿سُبْحَانَ اللّٰهِ﴾

Glory is to Allah.

(Sahih Bukhaari-Book of Struggle)

Ascending stairs/uphill

﴿اَللّٰهُ اَكْبَرُ﴾

Allah is the greatest.

(Sahih Bukhaari-Book of Struggle)

❹ Before sleeping

﴿اَللّٰهُمَّ بِاسْمِكَ اَمُوْتُ وَ اَحْيَا﴾

O Allah! I die and live with your name.

(Sahih Bukhaari-Book of Supplications)





❺ Before eating

﴿بِسْمِ اللّٰهِ وَ بَرَكَةِ اللّٰهِ﴾

In the name of Allah and with the blessing of Allah.

(Mustadrak Haakim-Book of Eating)

❻ Before drinking water

﴿بِسْمِ اللّٰهِ﴾



In the name of Allah.

(Sunan Tirmidhi-Book of Drinking)

After drinking water

﴿اَلْحَمْدُ لِلّٰهِ﴾

All praise is to Allah.

(Sunan Tirmidhi-Book of Drinking)

VIRTUE - Nabi ﷺ Said:
"Indeed Allah is pleased with the slave who praises Him after eating & drinking."
(Sunan Tirmidhi - Book of Eating)

❼ Upon forgetting to read the Du'aa before eating

﴿بِسْمِ اللّٰهِ اَوَّلَهٗ وَ اٰخِرَهٗ﴾

In the name of Allah at the starting and end.

(Sunan Abu Dawood-Book of Eating)

❽ After eating (1)



﴿اَلْحَمْدُ لِلّٰهِ الَّذِىْ
اَطْعَمَنَا وَ سَقَانَا وَ جَعَلَنَا مُسْلِمِيْنَ﴾

All praise is to Allah who gave us food and drink and made us Muslims.

(Sunan Abu Dawood-Book of Eating)

VIRTUE - Nabi ﷺ Said:
"Indeed Allah is pleased with t
slave who praises Him after eat
& drinking."
(Sunan Tirmidhi - Book of Eating)

❾ When thanking somebody

﴿جَزَاكَ اللّٰهُ خَيْرًا﴾

May Allah reward you well.

(Sunan Tirmidhi-Chapters on Maintaining Good Ties With Relations)

⑩ Greeting a Muslim

﴿ اَلسَّلَامُ عَلَيْكُمْ وَ رَحْمَةُ اللّٰهِ وَ بَرَكَاتُهٗ ﴾

Peace, mercy and blessings of Allah are upon you.

(Sunan Abu Dawood-Book of Manners)



Reply to a greeting

﴿ وَ عَلَيْكُمُ السَّلَامُ وَ رَحْمَةُ اللّٰهِ وَ بَرَكَاتُهٗ ﴾

Peace, mercy and blessings of Allah are upon you.

Holy Qur'aan: Surah Nisaa (Chapter 4, Verse 86)

⑪ After making a mistake (1)



﴿ اَسْتَغْفِرُ اللّٰهَ ﴾

I ask forgiveness from Allah.

(Sunan Tirmidhi-Book of Tafseer)

⑫ After you say, hear or read the name of Prophet Muhammad

﴿ صَلَّى اللّٰهُ عَلَيْهِ وَ سَلَّمَ ﴾

Peace and blessings of Allah be upon him.

Holy Qur'aan: Surah Ahzaab (Chapter 33, Verse 56)



⑬ Intending to do something

﴿إِنْ شَآءَ اللّٰهُ﴾

If Allah wills.

Holy Qur'aan: Surah Fath (Chapter 48, Verse 27)

1st Kalimah Tayyibah (Purification)

﴿لَآ إِلٰهَ إِلَّا اللّٰهُ مُحَمَّدٌ رَّسُوْلُ اللّٰهِ﴾

There is no-one worthy of worship besides Allah;

Prophet Muhammad ﷺ is the Messenger of Allah.

2nd Kalimah Shahaadah (Testification)

﴿أَشْهَدُ أَنْ لَّآ إِلٰهَ إِلَّا اللّٰهُ ط
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهٗ وَرَسُوْلُهٗ﴾

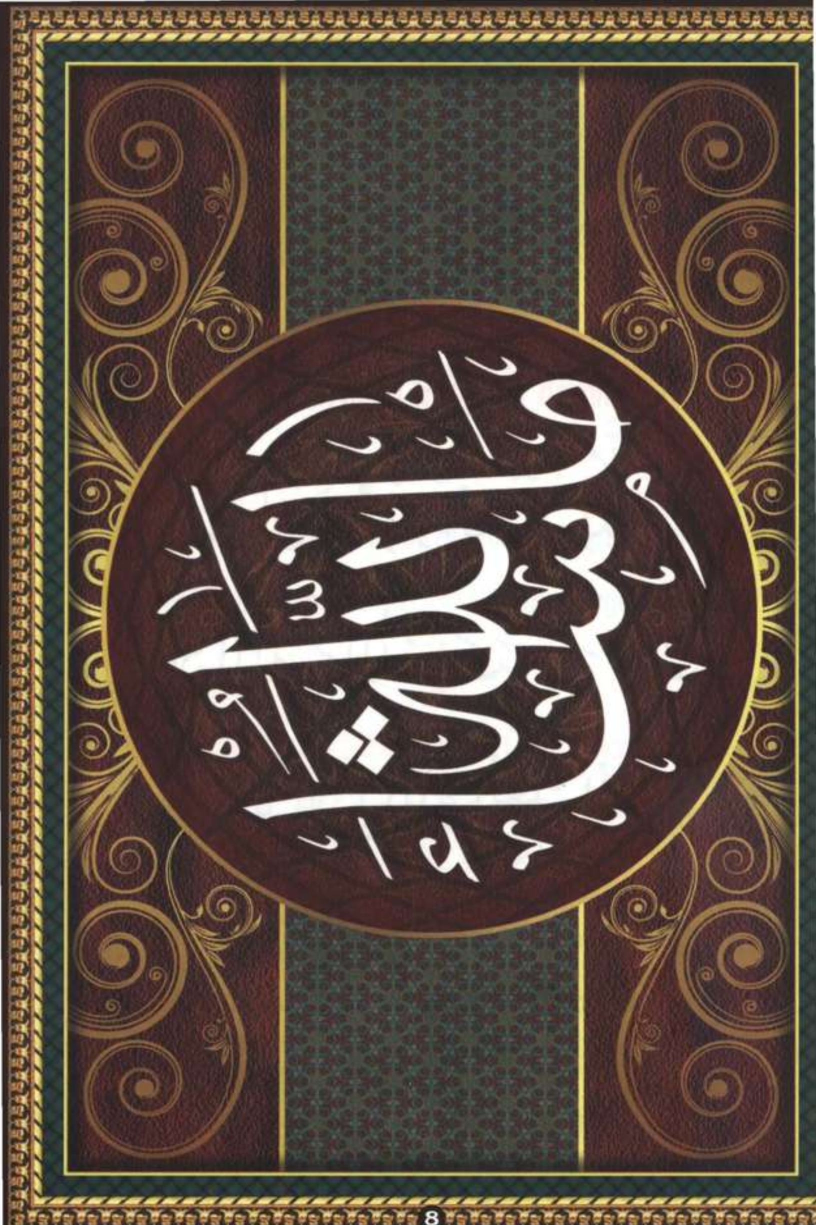
I bear witness that there is no-one worthy of worship besides Allah and I bear witness that Muhammad ﷺ is His servant and Messenger.



3rd Kalimah Tamjeed (Glorification)

﴿ سُبْحَانَ اللّٰهِ وَالْحَمْدُ لِلّٰهِ وَلَآ اِلٰهَ
اِلَّا اللّٰهُ وَاللّٰهُ اَكْبَرُ ط وَلَا حَوْلَ
وَلَا قُوَّةَ اِلَّا بِاللّٰهِ الْعَلِيِّ الْعَظِيْمِ ﴾

Glory is to Allah and all praise is to Allah.
There is no-one worthy of worship besides Allah and Allah is the greatest. There is no power and might except from Allah, the Most High, the Great.



2 Level Two



Tick the Arabic or English boxes when you have memorised the Du'aas

	Arabic	English
14. At the time of rainfall	☐	☐
15. After drinking milk	☐	☐
16. Sneezing Duaas:		
When a person sneezes	☐	☐
Upon hearing a Muslim sneeze	☐	☐
The sneezing person will reply	☐	☐
17. Before entering the toilet/bathroom	☐	☐
18. Exiting the toilet/bathroom	☐	☐
19. Ta'awwudh / Before reciting the Holy Qur'aan	☐	☐
20. Upon waking up from sleep	☐	☐
4th Kalimah Tawheed (Oneness of Allah)	☐	☐
5th Kalimah Radd-e-Kufr (Rejection of disbelief)	☐	☐
Imaan-e-Mujmal (Faith in brief)	☐	☐
Imaan-e-Mufassal (Faith in detail)	☐	☐



⑭ At the time of rainfall

﴾اَللّٰهُمَّ صَيِّبًا نَّافِعًا﴿

O Allah! Let it be a strong fruitful rain.

(Sahih Bukhaari-Book of Asking for Rain)

⑮ After drinking milk

﴾اَللّٰهُمَّ بَارِكْ لَنَا فِيْهِ وَ زِدْنَا مِنْهُ﴿

O Allah! Grant us blessings in it and increase it for us.

(Sunan Abu Dawood-Book of Drinking)



⑯ Sneezing Du'aas:

When a person sneezes



﴾اَلْحَمْدُ لِلّٰهِ﴿

All praise is to Allah.

Upon hearing a Muslim sneeze

﴾يَرْحَمُكَ اللّٰهُ﴿

May Allah have mercy upon you.



The sneezing person will reply

﴿ يَهْدِيكُمُ اللّٰهُ وَ يُصْلِحُ بَالَكُمْ ﴾

May Allah guide you and improve your condition.

(Sahih Bukhaari-Book of Manners)



⑰ Before entering the toilet/bathroom

Enter with your left foot

﴿ بِسْمِ اللّٰهِ ﴾

﴿ اَللّٰهُمَّ اِنِّيْ اَعُوْذُبِكَ مِنَ الْخُبُثِ وَالْخَبَآئِثِ ﴾

In the name of Allah. O Allah! I ask for your protection from the male and female unclean spirits.

(Sunan Tirmidhi-Book of Travelling) (Sahih Bukhaari-Book of Cleanliness)

⑱ Exiting the toilet/bathroom

Leave with your right foot

﴿غُفْرَانَكَ﴾ ﴿اَلْحَمْدُ لِلّٰهِ
الَّذِىْ اَذْهَبَ عَنِّى الْاَذٰى وَعَافَانِىْ﴾

O Allah! I seek your forgiveness. All praise is to Allah who remov the difficulty from me and gave me relief.

(Sunan Abu Dawood-Book of Cleanliness)

⑲ Ta'awwudh/Before reciting the Holy Qur'aan

﴿اَعُوْذُ بِاللّٰهِ مِنَ الشَّيْطَانِ الرَّجِيْمِ﴾



I seek protection in Allah from Shaytaan, the rejected o

Holy Qur'aan: Surah Nahl (Chapter 16, Verse 98)

⑳ Upon waking up from sleep

اَلْحَمْدُ لِلّٰهِ الَّذِىْ اَحْيَانَا بَعْدَ مَا اَمَاتَنَا
وَاِلَيْهِ النُّشُوْرُ﴾



All praise is for Allah who gave us life after death and to Him we will be returned.

(Sahih Bukhaari-Book of Supplications)

4th Kalimah Tawheed (The Oneness of Allah)

﴿ لَآ اِلٰهَ اِلَّا اللّٰهُ وَحْدَهٗ لَا شَرِيْكَ لَهٗ ط

لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ ط يُحْيِىْ وَيُمِيْتُ

بِيَدِهِ الْخَيْرُ ط وَهُوَ عَلٰى كُلِّ شَىْءٍ قَدِيْرٌ ﴾

There is no-one worthy of worship besides Allah, He is alone, He has no partner. His is the kingdom and for Him is all praise. He gives life and causes death. In His hands is all good and He has power over everything.



5th Kalimah Radd-e-Kufr
(Rejection of disbelief)

اَللّٰهُمَّ اِنِّىۡۤ اَعُوۡذُبِكَ مِنۡ اَنۡ اُشۡرِكَ بِكَ شَيۡئًا

اَنَا اَعۡلَمُ بِهٖ ط وَ اَسۡتَغۡفِرُكَ لِمَا لَاۤ اَعۡلَمُ بِهٖ ط

تُبۡتُ عَنۡهُ وَ تَبَرَّاۡتُ مِنَ الۡكُفۡرِ وَ الشِّرۡكِ

وَ الۡمَعَاصِىۡ كُلِّهَا ط اَسۡلَمۡتُ وَ اٰمَنۡتُ وَ اَقُوۡلُ

لَاۤ اِلٰهَ اِلَّا اللّٰهُ مُحَمَّدٌ رَّسُوۡلُ اللّٰهِ ﴾

O Allah! I seek protection in You from joining any partner with You knowingly. And I seek Your forgiveness from doing so unknowingly. I repent for such a thing (ignorance) and I free myself from disbelief and joining any partner with You, and I free myself from all sins. I submit to Your will. I believe and declare that there is no-one worthy of worship besides Allah.

Imaan-e-Mujmal (Faith in brief)

﴿ اٰمَنْتُ بِاللّٰهِ كَمَا هُوَ بِاَسْمَآئِهٖ وَ صِفَاتِهٖ
وَ قَبِلْتُ جَمِيْعَ اَحْكَامِهٖ ﴾

I believe in Allah as He is with His names and qualities, and I accept all His commands.

Imaan-e-Mufassal (Faith in detail)

﴿ اٰمَنْتُ بِاللّٰهِ وَمَلٰٓئِكَتِهٖ وَكُتُبِهٖ وَرُسُلِهٖ
وَالْيَوْمِ الْاٰخِرِ وَالْقَدْرِ خَيْرِهٖ وَشَرِّهٖ
مِنَ اللّٰهِ تَعَالٰى وَالْبَعْثِ بَعْدَ الْمَوْتِ ﴾

I believe in Allah, His Angels, His books, His Messengers, the last day, fate; all good and bad is from Allah and life after death.





3
Level Three



Tick the Arabic or English boxes when you have memorised the Du'aas

	Arabic	English
21. Before starting wudhu		
Upon finishing wudhu		
22. Before entering the home		
23. Before leaving the home		
Salaah (Prayer)		
Takbeer-e-Tahreemah		
Thanaa		
Ta'awwudh		
Tasmiyah		
Surah Faatihah		
Tasbeeh in Rukoo		
Tasmee'		
Tahmeed (1)		
Tasbeeh in Sajdah		
When sitting in Jalsah, in between the two Sajdahs		
Tashahhud		
Durood-e-Ibraheem		
Du'aa after Durood-e-Ibraheem		
Salaam		

㉑ Before starting wudhu



﴿ بِسْمِ اللّٰهِ ﴾

In the name of Allah.

(Sahih Bukhaari-Book of Purity)

VIRTUE - Nabi ﷺ said:
"If a person reads this Du'aa upon finishing his wudhu, Allah opens the eight doors of Jannah and the person has the option to enter through any of the doors."

Upon finishing wudhu

﴿ اَشْهَدُ اَنْ لَّآ اِلٰهَ اِلَّا اللّٰهُ وَحْدَهٗ لَا شَرِيْكَ
لَهٗ ط وَاَشْهَدُ اَنَّ مُحَمَّدًا عَبْدُهٗ وَرَسُوْلُهٗ ط
اَللّٰهُمَّ اجْعَلْنِىْ مِنَ التَّوَّابِيْنَ وَاجْعَلْنِىْ مِنَ
الْمُتَطَهِّرِيْنَ ﴾

I bear witness that there is no-one worthy of worship besides Allah and I bear witness that Muhammad ﷺ is His servant and Messenger. O Allah! Make me of those who repent and of those who are clean and pure.

(Sunan Tirmidhi-Book of Cleanliness)



Enter with your right foot

㉒ Before entering the home

اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ خَيْرَ
الْمَوْلَجِ وَخَيْرَ الْمَخْرَجِ ط
بِسْمِ اللّٰهِ وَلَجْنَا وَ بِسْمِ اللّٰهِ خَرَجْنَا ط
وَعَلَى اللّٰهِ رَبِّنَا تَوَكَّلْنَا

O Allah! I ask from You a good entrance and a good exit. In the name of Allah we enter and leave, and we rely upon Allah our Lord.

(Sunan Abu Dawood-Book of Manners)

VIRTUE - Nabi ﷺ said:
"Whosoever reads this Du'aa when leaving the home then it is said to him (by the angels): You have been guided, sufficed and protected and the Shayaateen go far away from him."

Leave with your left foot

㉓ Before leaving the home

بِسْمِ اللّٰهِ تَوَكَّلْتُ عَلَى اللّٰهِ ط
لَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ

In the name of Allah, I rely on Allah, there is no power and might except from Allah.

(Sunan Abu Dawood-Book of Manners)



SALAAH (PRAYER)
Takbeer-e-Tahreemah

Before you start Salaah lift your hands up to the ears and say

﴿ اَللّٰهُ اَكْبَرُ ﴾



Allah is the greatest.

(Sahih Bukhaari-Book of Adhaan)

Thanaa

﴿ سُبْحَانَكَ اللّٰهُمَّ وَ بِحَمْدِكَ وَ تَبَارَكَ اسْمُكَ وَ تَعَالٰى جَدُّكَ وَلَآ اِلٰهَ غَيْرُكَ ﴾

O Allah! Glory and praise is to You, blessed is Your name, exalted is Your majesty and there is no-one worthy of worship besides You.

(Sunan Abu Dawood-Book of Salaah)

Ta'awwudh

﴿ اَعُوْذُ بِاللّٰهِ مِنَ الشَّيْطَانِ الرَّجِيْمِ ﴾

I seek protection in Allah from Shaytaan, the rejected one.

(Musannaf Ibn Abi Shybah-Book of Salaah)

Tasmiyah

﴿ بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ﴾

In the name of Allah the Most Kind the Most Merciful.

(Sahih Muslim-Book of Salaah)

Surah Faatihah

﴿ اَلْحَمْدُ لِلّٰهِ رَبِّ الْعٰلَمِيْنَ ﴾ ﴿ اَلرَّحْمٰنِ الرَّحِيْمِ ﴾

﴿ مٰلِكِ يَوْمِ الدِّيْنِ ﴾ ﴿ اِيَّاكَ نَعْبُدُ وَ اِيَّاكَ نَسْتَعِيْنُ ﴾

﴿ اِهْدِنَا الصِّرَاطَ الْمُسْتَقِيْمَ ﴾

﴿ صِرَاطَ الَّذِيْنَ اَنْعَمْتَ عَلَيْهِمْ ط

غَيْرِ الْمَغْضُوْبِ عَلَيْهِمْ وَلَا الضَّآلِّيْنَ ﴾

Praise belongs to Allah, the Lord of all the worlds, the All-Merciful, the Very Merciful. The Master of the Day of Requital. You alone we worship, and from You alone do we seek help. Take us on the straight path, the path of those on whom You have bestowed Your grace, not of those who have incurred Your wrath, nor of those who have gone astray.

Read three small verses or one verse equivalent to three small verses

Surah Ikhlaas

﴿ قُلْ هُوَ اللّٰهُ اَحَدٌ ﴾ ﴿ اَللّٰهُ الصَّمَدُ ﴾

﴿ لَمْ يَلِدْ وَلَمْ يُوْلَدْ ﴾

﴿ وَلَمْ يَكُنْ لَّهٗ كُفُوًا اَحَدٌ ﴾

Tasbeeh in Rukoo

Read three times

﴿سُبْحَانَ رَبِّيَ الْعَظِيمِ﴾

Glory is to my Lord, the Great.

(Sahih Muslim-Book of Salaah)



Tasmee'

Whilst returning to the standing position read

﴿سَمِعَ اللّٰهُ لِمَنْ حَمِدَهٗ﴾

Allah has listened to the one who has praised him.

(Sahih Bukhaari-Book of Adhaan)

Tahmeed

Read in Qawmah (standing up after rukoo)



﴿رَبَّنَا لَكَ الْحَمْدُ﴾

Our Lord! All praise is for You.

(Sahih Bukhaari-Book of Adhaan)

Tasbeeh in Sajdah

Read three times

﴿ سُبْحَانَ رَبِّيَ الْاَعْلٰى ﴾

Glory is to my Lord, the Most High.

(Sahih Muslim-Book of Salaah)



When sitting in Jalsah, in between the two Sajdahs

﴿ اَللّٰهُمَّ اغْفِرْلِيْ وَارْحَمْنِيْ وَعَافِنِيْ
وَاهْدِنِيْ وَارْزُقْنِيْ ﴾

O Allah! Forgive me, shower Your mercy upon me, grant me safety, guide me and provide me with sustenance.

(Sunan Abu Dawood-Book of Salaah)



Tashahhud

﴿ اَلتَّحِيَّاتُ لِلّٰهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ ط

اَلسَّلَامُ عَلَيْكَ اَيُّهَا النَّبِيُّ وَرَحْمَةُ اللّٰهِ

وَبَرَكَاتُهٗ ط اَلسَّلَامُ عَلَيْنَا وَعَلٰى عِبَادِ اللّٰهِ

الصّٰلِحِيْنَ ط اَشْهَدُ اَنْ لَّآ اِلٰهَ اِلَّا اللّٰهُ

وَاَشْهَدُ اَنَّ مُحَمَّدًا عَبْدُهٗ وَرَسُوْلُهٗ ﴾

All prayers and worship offered through words, bodily actions and wealth are due to Allah. O Prophet, peace be upon you and Allah's mercy and blessings. Peace be upon us and the pious servants of Allah. I bear witness that there is none worthy of worship besides Allah and I bear witness that Muhammad ﷺ is His servant and Messenger.

(Sahih Bukhaari-Book of Adhaan)



Durood-e-Ibraheem

﴿اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَّ عَلٰٓى اٰلِ مُحَمَّدٍ ط
كَمَا صَلَّيْتَ عَلٰٓى اِبْرَاهِيْمَ وَعَلٰٓى اٰلِ
اِبْرَاهِيْمَ ط اِنَّكَ حَمِيْدٌ مَّجِيْدٌ ط
اَللّٰهُمَّ بَارِكْ عَلٰى مُحَمَّدٍ وَّعَلٰٓى اٰلِ مُحَمَّدٍ ط
كَمَا بَارَكْتَ عَلٰٓى اِبْرَاهِيْمَ وَعَلٰٓى اٰلِ
اِبْرَاهِيْمَ ط اِنَّكَ حَمِيْدٌ مَّجِيْدٌ﴾

O Allah! Shower Your mercy upon Muhammad ﷺ and his family (followers) as You have showered Your mercy on Ibraheem and his family (followers). Indeed You are Praiseworthy and Glorious. O Allah! Shower Your blessings upon Muhammad ﷺ and his family (followers) as You have showered Your blessings on Ibraheem and his family (followers). Indeed You are Praiseworthy and Glorious.

(Sahih Bukhaari-Book of Adhaan)

Du'aa after Durood-e-Ibraheem

﴿ اَللّٰهُمَّ اِنِّىْ ظَلَمْتُ نَفْسِىْ ظُلْمًا كَثِيْرًا ط

وَّلَا يَغْفِرُ الذُّنُوْبَ اِلَّآ اَنْتَ ط

فَاغْفِرْ لِىْ مَغْفِرَةً مِّنْ عِنْدِكَ وَارْحَمْنِىْ ط

اِنَّكَ اَنْتَ الْغَفُوْرُ الرَّحِيْمُ ﴾

O Allah! I have been extremely unjust to myself and nobody forgives sins except You. Grant me forgiveness and have mercy upon me. Verily You are the Most Forgiving, Most Merciful.

(Sahih Bukhaari-Book of Supplications)

Salaam

﴿ اَلسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللّٰهِ ﴾

Peace be upon you and the mercy of Allah.

(Sunan Abu Dawood-Book of Salaah)



4 Level Four

check list

Tick the Arabic or English boxes when you have memorised the Du'aas

	Arabic	English
24. After eating (2)	☐	☐
25. Wearing clothes	☐	☐
Undressing	☐	☐
26. Before sleeping (2)	☐	☐
27. Eating/drinking as a guest (1)	☐	☐
28. Before entering the Masjid	☐	☐
29. Before leaving the Masjid	☐	☐
30. After hearing the Adhaan (The call to prayer)	☐	☐
31. Before entering the shopping centre	☐	☐
32. Boarding a vehicle	☐	☐
33. Returning from a journey	☐	☐
34. Looking in the mirror	☐	☐
Salaah (Prayer)		
Du'aa-e-Qunoot (To read in Witr Salaah)	☐	☐

㉔ After eating (2)

﴿ اَلْحَمْدُ لِلّٰهِ الَّذِىْ اَطْعَمَنِىْ هٰذَا الطَّعَامَ ط
وَرَزَقَنِيْهِ مِنْ غَيْرِ حَوْلٍ مِّنِّىْ وَلَا قُوَّةٍ ﴾

All praise is to Allah who has fed me with this food, and gave it to me without any effort or power from myself.



(Sunan Abu Dawood-Book of Manners)

VIRTUE - Nabi ﷺ said:
"Whoever eats food then reads this Du'aa his past and future sins will be forgiven. And whoever puts on a garment and reads this Du'aa his past and future sins will be forgiven."

㉕ Wearing clothes

﴿ اَلْحَمْدُ لِلّٰهِ الَّذِىْ كَسَانِىْ هٰذَا الثَّوْبَ ط
وَرَزَقَنِيْهِ مِنْ غَيْرِ حَوْلٍ مِّنِّىْ وَلَا قُوَّةٍ ﴾

All praise is to Allah who has clothed me with this garment, and gave it to me without any effort or power from myself.

(Sunan Abu Dawood-Book of Manners)

Undressing

﴿ بِسْمِ اللّٰهِ ﴾

In the name of Allah.

(Amalul Yawmi Wallaylah, Ibn Sunni)

㉖ Before sleeping (2)

Read three times

﴿اَللّٰهُمَّ قِنِىْ عَذَابَكَ يَوْمَ تَبْعَثُ عِبَادَكَ﴾

O Allah! Save me from Your punishment on that day when You will resurrect Your people (Day of Judgement).



(Sunan Abu Dawood-Book of Manners)

㉗ Eating/drinking as a guest (1)

﴿اَللّٰهُمَّ اَطْعِمْ مَنْ اَطْعَمَنِىْ ط
وَاسْقِ مَنْ سَقَانِىْ﴾

O Allah! Feed him who fed me and give him drink who gave me a drink.

(Sahih Muslim-Book of Drinks)

㉘ Before entering the Masjid

﴿اَللّٰهُمَّ افْتَحْ لِىْ اَبْوَابَ رَحْمَتِكَ﴾

O Allah! Open for me the doors of Your mercy.

(Sahih Muslim-Book of Masaajid)

㉙ Before leaving the Masjid

﴿ اَللّٰهُمَّ اِنِّىْ اَسْئَلُكَ مِنْ فَضْلِكَ ﴾

O Allah! I ask of You from Your grace.

(Sahih Muslim-Book of Masaajid)

㉚ After hearing the Adhaan (The call to Prayer)

﴿ اَللّٰهُمَّ رَبَّ هٰذِهِ الدَّعْوَةِ التَّآمَّةِ

وَالصَّلٰوةِ الْقَآئِمَةِ ط اٰتِ مُحَمَّدَنِ الْوَسِيْلَةَ

وَالْفَضِيْلَةَ ط وَابْعَثْهُ مَقَامًا

مَّحْمُوْدَنِ الَّذِىْ وَعَدْتَّهٗ ﴾

O Allah! Lord of this perfect call and everlasting prayer, grant Muhammad ﷺ the intercession and the virtue, and raise him to that praised position which You have promised him.

(Sahih Bukhaari-Book of Adhaan)

VIRTUE - Nabi ﷺ said:

"Whoever reads this Du'aa after listening to the Adhaan, my intercession for him will be allowed on the Day of Resurrection."

㉛ Before entering the shopping centre

﴿لَآ اِلٰهَ اِلَّا اللّٰهُ وَحْدَهٗ لَا شَرِيْكَ لَهٗ ط

لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ يُحْيِيْ وَ يُمِيْتُ ط

وَهُوَ حَيٌّ لَّا يَمُوْتُ ط بِيَدِهِ الْخَيْرُ ط

وَ هُوَ عَلٰى كُلِّ شَيْءٍ قَدِيْرٌ﴾

There is no-one worthy of worship besides Allah, He is alone, He has no partner. His is the kingdom and for Him is all praise. He gives life and causes death. He is ever-living and does not die. In His hands is all good and He has power over everything.

(Sunan Tirmidhi-Book of Supplications)

VIRTUE - Nabi ﷺ said:

"Whoever enters the marketplace and reads this Du'aa, Allah shall record a million good deeds for him, wipe a million evil deeds away from him and raise a million ranks for him."



32 Boarding a vehicle

﴿ بِسْمِ اللّٰهِ ط اَلْحَمْدُ لِلّٰهِ ط سُبْحَانَ الَّذِىْ سَخَّرَلَنَا هٰذَا وَمَا كُنَّا لَهٗ مُقْرِنِيْنَ ط وَاِنَّا اِلٰى رَبِّنَا لَمُنْقَلِبُوْنَ ط اَلْحَمْدُ لِلّٰهِ ط اَلْحَمْدُ لِلّٰهِ ط اَلْحَمْدُ لِلّٰهِ ط اَللّٰهُ اَكْبَرُ ط اَللّٰهُ اَكْبَرُ ط اَللّٰهُ اَكْبَرُ ط سُبْحَانَكَ اِنِّىْ ظَلَمْتُ نَفْسِىْ فَاغْفِرْلِىْ اِنَّهٗ لَا يَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ ﴾

In the name of Allah, all praise is to Allah, glory is to Him who has caused this vehicle to be under our control though we were unable to control it. And indeed we shall return to our Lord. All praise is to Allah, all praise is to Allah, all praise is to Allah, Allah is the Greatest, Allah is the Greatest, Allah is the Greatest. Glory is to You, Indeed I have wronged myself so forgive me. Indeed nobody forgives sins but You.

(Sunan Abu Dawood-Book of Struggle)

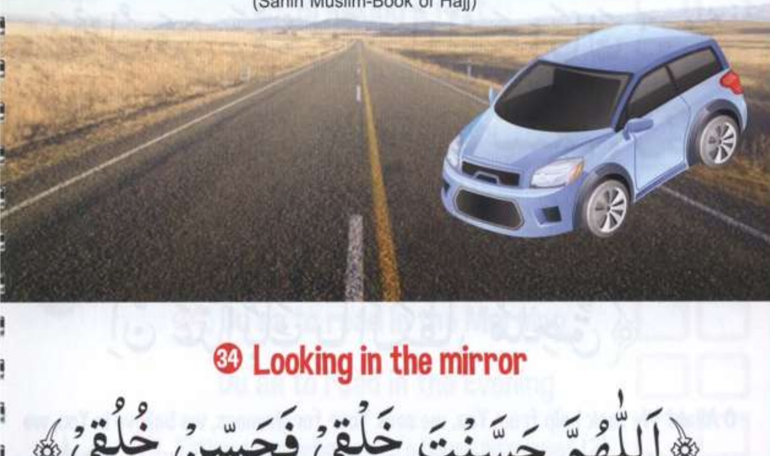
33 Returning from a journey

﴿ آيِبُونَ تَائِبُونَ عَابِدُونَ لِرَبِّنَا حَامِدُونَ ﴾



We are returning from our journey, we ask forgiveness from Allah, we worship Allah, we praise our Sustainer.

(Sahih Muslim-Book of Hajj)



34 Looking in the mirror

﴿ اَللّٰهُمَّ حَسَّنْتَ خَلْقِي فَحَسِّنْ خُلُقِي ﴾

O Allah! You have beautified my body so beautify my manners.

(Sahih Ibn Hibaan-Book of Supplications)



Salaah

Du'aa-e-Qunoot (to read in Witr Salaah)

﴿اَللّٰهُمَّ اِنَّا نَسْتَعِيْنُكَ وَ نَسْتَغْفِرُكَ
وَنُؤْمِنُ بِكَ وَ نَتَوَكَّلُ عَلَيْكَ وَ نُثْنِىْ عَلَيْكَ
الْخَيْرَ ط وَ نَشْكُرُكَ وَ لَا نَكْفُرُكَ وَ نَخْلَعُ
وَ نَتْرُكُ مَنْ يَّفْجُرُكَ ط اَللّٰهُمَّ اِيَّاكَ نَعْبُدُ
لَكَ نُصَلِّىْ وَ نَسْجُدُ ط وَ اِلَيْكَ نَسْعٰى وَ نَحْفِدُ ط
وَ نَرْجُوْا رَحْمَتَكَ وَ نَخْشٰى عَذَابَكَ ط
اِنَّ عَذَابَكَ بِالْكُفَّارِ مُلْحِقٌ﴾

O Allah! We seek help from You, we seek Your forgiveness, we believe in You, we rely upon You, and we praise You in the best manner. We thank You and we are not ungrateful to You, we separate and break off from all who disobey You. O Allah! We worship You, we pray Salaah and prostrate for You, we flee towards You and ar quick in doing so. We hope for Your mercy and fear Your punishment. Indeed Your punishment overtakes the disbelievers.

(Musannaf Ibn Abi Shaybah-Book of Salaah)

5 Level Five

Tick the Arabic or English boxes when you have memorised the Du'aas

	Arabic	English
35. Seeking forgiveness and mercy	☐	☐
36. Upon leaving a gathering	☐	☐
37. Du'aa of Hadhrat Musa عليه السلام	☐	☐
38. Asking for beneficial knowledge	☐	☐
39. Breaking a fast	☐	☐
40. Standing in Qawmah, after Rukoo (2)	☐	☐
41. Du'aa for Parents	☐	☐
42. Wearing NEW clothes	☐	☐
43. Seeing another person wear NEW clothes	☐	☐
44. Du'aa to read in the Morning	☐	☐
Du'aa to read in the Evening	☐	☐
45. Eating at somebody else's house as a guest (2)	☐	☐
46. Leaving the house (2)	☐	☐
47. Drinking Zam Zam water	☐	☐
48. Seeing another smile	☐	☐
49. Aayatul Kursi (Verse of the throne)	☐	☐

35 Seeking forgiveness and mercy

﴿رَبِّ اغْفِرْ وَارْحَمْ وَاَنْتَ خَيْرُ الرّٰحِمِيْنَ﴾

O Lord! Grant pardon and have mercy, for You are the best of all the Merciful.

Holy Qur'aan: Surah Mu'minoon (Chapter 23, Verse 118)

36 Upon leaving a gathering

﴿سُبْحَانَكَ اللّٰهُمَّ وَبِحَمْدِكَ ط اَشْهَدُ اَنْ
لَّآ اِلٰهَ اِلَّا اَنْتَ ط اَسْتَغْفِرُكَ وَاَتُوْبُ اِلَيْكَ﴾

O Allah! Glory and praise is for You. I bear witness that there is no-one worthy of worship besides You. I ask forgiveness from You and I turn to You.

VIRTUE - Nabi ﷺ said:

"Whoever sits in a sitting and engages in much empty, meaningless speech and then reads this Du'aa before getting up from that sitting of his, whatever occurred in that sitting would be forgiven."

(Sunan Tirmidhi-Book of Supplications)

37 Du'aa of Hadhrat Musa عَلَيْهِ السَّلَامُ

Read before learning

﴿ رَبِّ اشْرَحْ لِيْ صَدْرِيْ ط وَيَسِّرْ لِيْٓ
اَمْرِيْ ط وَاحْلُلْ عُقْدَةً مِّنْ لِّسَانِيْ ط
يَفْقَهُوْا قَوْلِيْ ﴾

O my Lord! Expand for me by bosom, ease my task for me and remove the knot from my speech so that they may understand what I say.

Holy Qur'aan: Surah Taahaa (Chapter 20, Verses 25/26)



38 Asking for beneficial knowledge

Read before learning

﴿ اَللّٰهُمَّ اِنِّيْٓ اَسْئَلُكَ عِلْمًا نَّافِعًا ط
وَاَعُوْذُبِكَ مِنْ عِلْمٍ لَّا يَنْفَعُ ﴾

O Allah! I ask You for knowledge that is beneficial and I seek your protection from the knowledge that is not useful.

(Sahih Ibn Hibbaan-Book of Knowledge)



39 Breaking a fast

﴿ اَللّٰهُمَّ لَكَ صُمْتُ وَعَلٰى رِزْقِكَ اَفْطَرْتُ ﴾

O Allah! I kept a fast for You and I break my fast on Your sustenance.

(Sunan Abu Dawood-Book of Fasting)



40 Standing in Qawmah, after Rukoo (2)

﴿ رَبَّنَا وَلَكَ الْحَمْدُ ط

حَمْدًا كَثِيْرًا طَيِّبًا مُّبٰرَكًا فِيْهِ ﴾

Our Lord! All praise is to You, abundant, pure and blessed praise.

(Sahih Bukhaari-Book of Adhaan)

VIRTUE

One day the Sahaabah (R.A) were praying Salaah behind Rasulullah ﷺ. When he raised his head from Rukoo, he said, "Tasmee." A Sahaabi (R.A) behind him read this Du'aa. When the Prophet ﷺ completed the Salaah, he asked, "Who has said these words?" The Sahaabi (R.A) replied, "I." The Prophet ﷺ said, "I saw over thirty angels competing to see who will write it first."

Read morning & night

41 Du'aa for Parents

﴿رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِىْ صَغِيْرًا﴾

My Lord! Be merciful to them as they have brought me up in my childhood.

Holy Qur'aan: Surah Banee Israaeel (Chapter 17, Verse 24)

VIRTUE - Nabi ﷺ said:
"If a person reads this Du'aa after wearing new clothes and he gives his old clothes in sadaqah (charity) then he will be in the guardianship and protection of Allah."

42 Wearing NEW clothes

﴿اَلْحَمْدُ لِلّٰهِ الَّذِىْ كَسَانِىْ مَا اُوَارِىْ بِهٖ
عَوْرَتِىْ ط وَاَتَجَمَّلُ بِهٖ فِىْ حَيَاتِىْ﴾

All praise is for Allah, who clothed me with that through which I cover my modesty and adorn myself in my life.

(Sunan Tirmidhi-Book of Supplications)

43 Seeing another person wear NEW clothes

﴿تُبْلِىْ وَيُخْلِفُ اللّٰهُ تَعٰلٰى﴾



May you wear it out and Allah replace it with another.

(Sunan Abu Dawood-Book of Clothing)

44 Du'aa to read in the Morning

﴿اَللّٰهُمَّ بِكَ اَصْبَحْنَا وَبِكَ اَمْسَيْنَا وَبِكَ
نَحْيٰى وَبِكَ نَمُوْتُ وَاِلَيْكَ الْمَصِيْرُ﴾

O Allah! With Your help we start the day and start the night. With Your help we live and die. To You is the return.

Du'aa to read in the Evening

﴿اَللّٰهُمَّ بِكَ اَمْسَيْنَا وَبِكَ اَصْبَحْنَا وَبِكَ
نَحْيٰى وَبِكَ نَمُوْتُ وَاِلَيْكَ النُّشُوْرُ﴾

O Allah! With Your help we start the night and start the day. With Your help we live and die. To You is the return.

(Sunan Tirmidhi-Book of Supplications)



⑮ Eating at somebody else's house as a guest (2)

﴿اَللّٰهُمَّ بَارِكْ لَهُمْ فِيْمَا رَزَقْتَهُمْ
وَاغْفِرْ لَهُمْ وَارْحَمْهُمْ﴾

O Allah! Bless them with what You have provided them with, forgive them and have mercy on them.

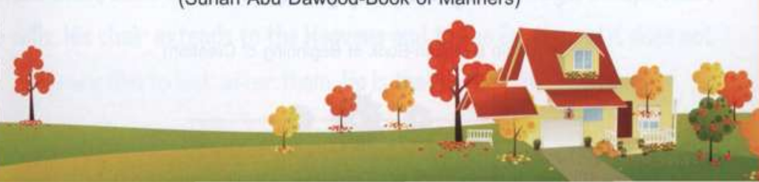
(Sahih Muslim-Book of Drinking)

⑯ Leaving the house (2)

﴿اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ اَنْ اَضِلَّ اَوْ اُضَلَّ اَوْ
اَزِلَّ اَوْ اُزَلَّ اَوْ اَظْلِمَ اَوْ اُظْلَمَ اَوْ اَجْهَلَ اَوْ
يُجْهَلَ عَلَيَّ﴾

O Allah! I seek refuge in You from misleading or being mislead, causing others to err or being caused to err, oppressing or being oppressed, from being ignorant or bearing the result of ignorance.

(Sunan Abu Dawood-Book of Manners)



47 Drinking Zam zam water

﴿ اَللّٰهُمَّ اَسْئَلُكَ عِلْمًا نَّافِعًا ط وَّرِزْقًا وَّاسِعًا ط
وَّشِفَآءً مِّنْ كُلِّ دَآءٍ ﴾

O Allah! I seek of You beneficial knowledge, plentiful provision and cure from all diseases.

VIRTUE - Nabi ﷺ said:

"If you drink it to satisfy your hunger,
Allah will satisfy your hunger.
If you drink it to quench your thirst,
Allah will quench your thirst."

(Mustadrak Haakim-Book on The Rites of Hajj)

48 Seeing another smile

﴿ اَضْحَكَ اللّٰهُ سِنَّكَ ﴾

May Allah keep you cheerful.

(Sahih Bukhaari-Book of Beginning of Creation)

㊾ Aayatul Kursi (Verse of the throne)

Read after Fardh Salaah and before sleeping

﴿ اَللّٰهُ لَآ اِلٰهَ اِلَّا هُوَ الْحَيُّ الْقَيُّوْمُ ط

لَا تَاْخُذُهٗ سِنَةٌ وَّ لَا نَوْمٌ ط لَهٗ مَا فِي السَّمٰوٰتِ

وَمَا فِي الْاَرْضِ ط مَنْ ذَا الَّذِيْ يَشْفَعُ عِنْدَهٗٓ

اِلَّا بِاِذْنِهٖ ط يَعْلَمُ مَا بَيْنَ اَيْدِيْهِمْ وَمَا

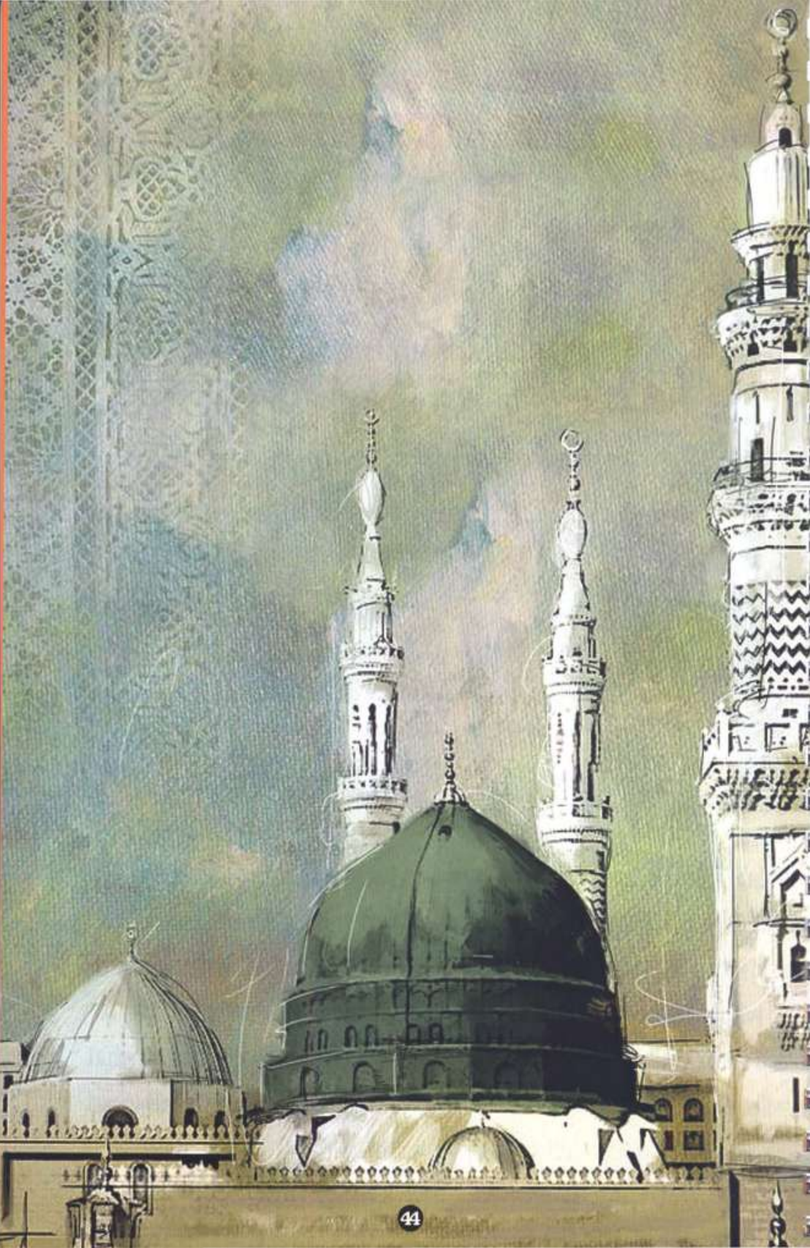
خَلْفَهُمْ ط وَلَا يُحِيْطُوْنَ بِشَيْءٍ مِّنْ عِلْمِهٖٓ اِلَّا

بِمَا شَآءَ ط وَسِعَ كُرْسِيُّهُ السَّمٰوٰتِ وَالْاَرْضَ ط

وَلَا يَئُوْدُهٗ حِفْظُهُمَا ط وَهُوَ الْعَلِيُّ الْعَظِيْمُ ﴾

Allah: There is none worthy of worship besides Him, the Living, the All Sustaining. Neither dozing overtakes Him nor sleep. To Him belongs all that is in the Heavens and all that is on the Earth. Who can intercede with Him without His permission? He knows what is before them and what is behind them; while they encompass nothing of His knowledge, except what He wills. His chair extends to the Heavens and to the Earth, and it does not weary Him to look after them. He is the All-High, the Supreme.

Holy Qur'aan: Surah Baqarah (Chapter 3, Verse 255)



6
Level Six

Tick the Arabic or English boxes when you have memorised the Du'aas

	Arabic	English
50. Janaazah Du'aa for an adult (Funeral prayer)	☐	☐
51. Janaazah Du'aa for a child (Funeral prayer)	☐	☐
52. Seeking forgiveness for ones wrongdoings	☐	☐
53. Asking for goodness in both worlds	☐	☐
54. After Fardh Salaah (1)	☐	☐
55. After Fardh Salaah (2)	☐	☐
56. After Fajr Salaah	☐	☐
57. After Witr Salaah	☐	☐
58. Feeling pain on the body	☐	☐
59. For the cure of any illness	☐	☐
60. Visiting a sick person	☐	☐
61. At the time of a difficulty	☐	☐
62. Upon experiencing unrest and fear during sleep	☐	☐

50 Janaazah Du'aa for an adult (Funeral prayer)

﴿ اَللّٰهُمَّ اغْفِرْ لِحَيِّنَا وَمَيِّتِنَا وَشَاهِدِنَا

وَغَآئِبِنَا وَصَغِيْرِنَا وَكَبِيْرِنَا وَذَكَرِنَا

وَاُنْثَانَا ط اَللّٰهُمَّ مَنْ اَحْيَيْتَهٗ مِنَّا

فَاَحْيِهٖ عَلَى الْاِسْلَامِ ط

وَمَنْ تَوَفَّيْتَهٗ مِنَّا فَتَوَفَّهٗ عَلَى الْاِيْمَانِ ﴾

O Allah! Forgive amongst us those who are alive and those who are dead, those who are present and those who are absent, those who are young and those who are old, those who are males and those who are females. O Allah! Whom You keep alive amongst us, keep him alive upon the religion of Islam and whom You cause to die, let him die upon Faith.

(Sunan Tirmidhi-Book of Funerals)

51 Janaazah Du'aa for a child (Funeral prayer)

﴿ اَللّٰهُمَّ اجْعَلْهُ لَنَا فَرَطاً وَّسَلَفًا وَّ اَجْرًا ﴾

O Allah! Make him a predecessor, our fore-runner (for our salvation) and a source of reward for us.

(Sahih Bukhaari-Book of Funerals)



52 Seeking forgiveness for ones wrongdoings

Du'aa of Hadhrat Aadam & Hadhrat Hawwaa (A.S)

﴿رَبَّنَا ظَلَمْنَا اَنْفُسَنَا وَاِنْ لَّمْ تَغْفِرْ لَنَا

وَتَرْحَمْنَا لَنَكُوْنَنَّ مِنَ الْخٰسِرِيْنَ﴾

Our Lord! We have wronged ourselves, and if You do not forgive us and do not bless us with mercy, we shall indeed be among the losers.

Holy Qur'aan: Surah A'raaf (Chapter 7, Verse 201)

53 Asking for goodness in both worlds

﴿رَبَّنَآ اٰتِنَا فِى الدُّنْيَا حَسَنَةً ط

وَّفِى الْاٰخِرَةِ حَسَنَةً ط وَّقِنَا عَذَابَ النَّارِ﴾

Our Lord! Give us good in this world and good in the Hereafter, and save us from the punishment of fire.

Holy Qur'aan: Surah Baqarah (Chapter 2, Verse 201)



54 After Fardh Salaah (1)

Read
﴿اَسْتَغْفِرُ اللّٰهَ﴾
3 times
then read

﴿اَللّٰهُمَّ اَنْتَ السَّلَامُ

وَمِنْكَ السَّلَامُ ط

تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْاِكْرَامِ﴾

O Allah! You are Peace and from You comes peace. You are Blessed, Lofty and Dignified.

(Sahih Muslim-Book of Masaajid)

55 After Fardh Salaah (2)

﴿اَللّٰهُمَّ اَعِنِّىْ عَلٰى ذِكْرِكَ

وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ﴾

O Allah! Help me in Your remembrance, gratitude and good worship.

(Sunan Abu Dawood-Book of Salaah)

VIRTUE

The Messenger of Allah ﷺ held the hand of Hadhrat Muaadh Bin Jabal (R.A) and said: "O Muaadh! I swear by Allah, I love you. I swear by Allah, I love you. I advise you, O Muaadh, that you never leave saying this Du'aa after every prayer."

56 After Fajr Salaah

﴿ اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ عِلْمًا نَّافِعًا ط
وَّرِزْقًا طَيِّبًا ط وَّعَمَلًا مُّتَقَبَّلًا ﴾

O Allah! I ask you for beneficial knowledge, goodly provision and acceptable deeds.

(Sunan Ibn Maajah-Chapter of Establishing The Prayer
and the Sunnah Regarding Them)

57 After Witr Salaah

﴿ سُبْحَانَ الْمَلِكِ الْقُدُّوْسِ ﴾

Read 3 times and on the third time stretch the و in الْقُدُّوْسِ

Glory is to the Most Holy King.

(Sunan Nasai-Book of Witr)

58 Feeling pain on the body

Place your hand on the area of pain and read 3 times





﴿بِسْمِ اللّٰهِ﴾

In the name of Allah.

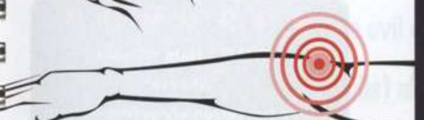
Then read this Du'aa 7 times

﴿أَعُوذُ بِاللّٰهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَأُحَاذِرُ﴾

I seek protection in Allah and His might against the evil of what I feel or fear.

(Sahih Muslim-Book of Medicine)





VIRTUE - Nabi ﷺ said:

"Nothing afflicts the believer, whether fatigue, grief, disease even a worry that concerns him except that by it, Allah removes something from his bad deeds."

(Sunan Tirmidhi-Book of Funerals)

59 For the cure of any illness

﴿ اَللّٰهُمَّ رَبَّ النَّاسِ مُذْهِبَ الْبَاْسِ ط

اِشْفِ اَنْتَ الشَّافِيْ ط لَا شَافِيَ اِلَّا اَنْتَ ط

شِفَاءً لَّا يُغَادِرُ سَقَمًا ﴾

O Allah! The Lord of the people, the Remover of trouble! Heal, for You are the Healer. None brings about healing but You; a healing that will leave behind no ailment.

(Sahih Bukhaari-Book of Medicine)



60 Visiting a sick person

﴿ اَسْئَلُ اللّٰهَ الْعَظِيْمَ رَبَّ الْعَرْشِ الْعَظِيْمِ ط

اَنْ يَّشْفِيَكَ ﴾

I ask Allah the Magnificent, Lord of the great throne that He cures you.

(Sunan Abu Dawood-Book of Funerals)

VIRTUE - Nabi ﷺ said:

"Whoever visits a sick person whose time of death has not come and reads this Du'aa in his presence, 7 times, Allah will heal him of that sickness."

61 At the time of a difficulty

﴿حَسْبُنَا اللّٰهُ وَ نِعْمَ الْوَكِيْلُ ط
عَلَى اللّٰهِ تَوَكَّلْنَا﴾

Allah is sufficient for us and He is the best Helper. We rely on Allah.

(Sunan Tirmidhi-Book of Supplications)

VIRTUE - Nabi ﷺ said:
"When one of you becomes frightened during sleep, then he should say this Du'aa. Verily, they shall not harm him."

62 Upon experiencing unrest and fear during sleep

﴿اَعُوْذُ بِكَلِمَاتِ اللّٰهِ التَّآمَّاتِ مِنْ غَضَبِهٖ
وَعِقَابِهٖ ط وَ شَرِّ عِبَادِهٖ وَمِنْ هَمَزٰتِ الشَّيٰطِيْنِ
وَ اَنْ يَّحْضُرُوْنِ﴾

I seek protection in the Perfect Words of Allah from His anger and His punishment, from the evil of His slaves and from the taunts of Shayaateen (Devils) and from their presence.

(Sunan Tirmidhi-Book of Supplications)

7
Level Seven



Tick the Arabic or English boxes when you have memorised the Du'aa

	Arabic	English
63. Experiencing something good	☐	☐
64 . Experiencing something bad	☐	☐
65. Beginning a journey	☐	☐
66. Arriving at a destination	☐	☐
67. Bidding farewell	☐	☐
68. Upon bad thoughts coming to the mind	☐	☐
69. Entering the graveyard	☐	☐
70. Laying the deceased in the grave	☐	☐
71. Being afflicted by a calamity	☐	☐
72. Steadfastness in Salaah for oneself & children	☐	☐
73. At the time of worry or distress	☐	☐

Asmaa-ul-husnaa

(Ninety nine beautiful names of Allah) ☐

63 Experiencing something good

﴿اَلْحَمْدُ لِلّٰهِ الَّذِىْ بِنِعْمَتِهٖ
تَتِمُّ الصَّالِحَاتُ﴾

All praise is to Allah with whose grace all good things are realised.

(Sunan Ibn Maajah-Book of Manners)

64 Experiencing something bad

﴿اَلْحَمْدُ لِلّٰهِ عَلٰى كُلِّ حَالٍ﴾

All praise is to Allah under all conditions.

(Sunan Ibn Maajah-Book of Manners)



65 Beginning a journey

﴿اَللّٰهُمَّ اَنْتَ الصَّاحِبُ فِى السَّفَرِ وَالْخَلِيْفَةُ

فِى الْاَهْلِ وَالْمَالِ ط اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ

مِنْ وَّعْثَاءِ السَّفَرِ وَكَاٰبَةِ الْمُنْقَلَبِ﴾

O Allah! You are the companion in this journey and the Caretaker for my family. O Allah! I seek Your protection from any evil that I may encounter in this journey, and from returning in great sadness.

(Sunan Nasaai-Book of Seeking Protection in Allah)



66 Arriving at a destination

﴿اَعُوْذُ بِكَلِمَاتِ اللّٰهِ التَّآمَّاتِ

مِنْ شَرِّ مَا خَلَقَ﴾

I seek protection in Allah's perfect words from the evil He has created.

(Sahih Muslim-Book of Supplications)

VIRTUE - Nabi ﷺ said:
"When anyone arrives at a place and then reads this Du'aa, nothing will harm him until he leaves that place."



67 Bidding farewell

﴿أَسْتَوْدِعُ اللَّهَ دِينَكَ وَأَمَانَتَكَ

وَخَوَاتِيمَ عَمَلِكَ﴾

I give in trust to Allah your religion, your belongings and the finality of your deeds.

(Sunan Abu Dawood-Book of Struggle)

68 Upon bad thoughts coming to the mind

﴿هُوَ الْأَوَّلُ وَالْآخِرُ وَالظَّاهِرُ وَالْبَاطِنُ ط

وَهُوَ بِكُلِّ شَيْءٍ عَلِيمٌ﴾

He is the First and the Last, and the Manifest and the Hidden, and He is All-Knowing about everything.

(Sunan Abu Dawood-Book of Manners)



69 Entering the graveyard

﴿اَلسَّلَامُ عَلَيْكُمْ اَهْلَ الدِّيَارِ مِنَ
الْمُؤْمِنِيْنَ وَالْمُسْلِمِيْنَ ط وَاِنَّا اِنْ شَآءَ اللّٰهُ
بِكُمْ لَاحِقُوْنَ ط نَسْئَلُ اللّٰهَ لَنَا وَلَكُمُ
الْعَافِيَةَ﴾

Peace is upon you, O believing men and women who dwell in this place. And if Allah wills we shall join you. We ask Allah for our and your safety.

(Sunan Ibn Maajah-Book of Funerals)



⑩ Laying the deceased in the grave

﴿بِسْمِ اللّٰهِ وَعَلٰى مِلَّةِ رَسُوْلِ اللّٰهِ﴾

In the name of Allah and on the method of the Messenger of Allah I place him/her in the grave.

(Sunan Ibn Maajah-Book of Funerals)

⑪ Being afflicted by a calamity

﴿اِنَّا لِلّٰهِ وَاِنَّآ اِلَيْهِ رٰجِعُوْنَ ط اَللّٰهُمَّ اْجُرْنِىْ فِىْ مُصِيْبَتِىْ وَاَخْلِفْ لِىْ خَيْرًا مِّنْهَا﴾

We belong to Allah and to Him is our return. O Allah! Grant me reward in this difficulty of mine and grant me something better in return.

(Sahih Muslim-Book of Funerals)

VIRTUE

Hadhrat Umme Salamah (R.A) reported the Messenger of Allah ﷺ as saying:"If any servant of Allah who suffers a calamity reads this Du'aa, Allah will give him reward for affliction and give him something better than it in exchange."
She (Hadhrat Umme Salamah R.A) said:"When Abu Salamah died, I uttered these very words as I was commanded by the Messenger of Allah ﷺ. So Allah gave me better in exchange than him, I was taken as a wife of the Messenger of Allah ﷺ."

⑦② Steadfastness in Salaah for oneself & children

﴿رَبِّ اجْعَلْنِىْ مُقِيْمَ الصَّلٰوةِ وَمِنْ ذُرِّيَّتِىْ ۖ رَبَّنَا وَتَقَبَّلْ دُعَآءِ﴾ ﴿رَبَّنَا اغْفِرْ لِىْ لِوَالِدَىَّ وَلِلْمُؤْمِنِيْنَ يَوْمَ يَقُوْمُ الْحِسَابُ﴾

My Lord! Make me steadfast in Salaah, and my offspring as well. And Our Lord! Grant my prayer. My Lord! Forgive me and my parents and all the believers on the day when reckoning shall take place.

Holy Qur'aan: Surah Ibraheem (Chapter 14,Verses 41/42)

⑦③ At the time of worry or distress

﴿يَا حَىُّ يَا قَيُّوْمُ بِرَحْمَتِكَ اَسْتَغِيْثُ﴾

O You The Ever-Living, The Eternal One,

I appeal to You by virtue of Your mercy.

(Sunan Tirmidhi-Book of Supplications)

Asmaa-ul-husnaa (Ninety nine beautiful names of Allah)

هُوَ اللّٰهُ الَّذِىْ لَآ اِلٰـهَ اِلَّا هُوَ

He is Allah, there is no-one worthy of worship besides He?

اَلسَّلَامُ The Giver of Peace	اَلْقُدُّوْسُ The Most Holy/Pure	اَلْمَلِكُ The King	اَلرَّحِيْمُ The Most Merciful	اَلرَّحْمٰنُ The Most gracious
اَلْمُتَكَبِّرُ The Tremendous	اَلْجَبَّارُ The Powerful	اَلْعَزِيْزُ The Almighty	اَلْمُهَيْمِنُ The Guardian	اَلْمُؤْمِنُ The Granter of Security
اَلْقَهَّارُ The One who has control of all	اَلْغَفَّارُ The Ever Forgiving	اَلْمُصَوِّرُ The Fashioner of Shapes	اَلْبَارِئُ The Maker	اَلْخَالِقُ The Creator
اَلْقَابِضُ The Restrainer	اَلْعَلِيْمُ The All Knowing	اَلْفَتَّاحُ The Opener	اَلرَّزَّاقُ The Ever Providing	اَلْوَهَّابُ The Bestower
اَلْمُذِلُّ The Giver of Dishonour	اَلْمُعِزُّ The Giver of Honour,	اَلرَّافِعُ The Exalter	اَلْخَافِضُ The One who humbles	اَلْبَاسِطُ The Expander
اَللَّطِيْفُ The Gentle	اَلْعَدْلُ The Just	اَلْحَكَمُ The Judge	اَلْبَصِيْرُ The All Seeing	اَلسَّمِيْعُ The All Hearing
اَلشَّكُوْرُ The Grateful	اَلْغَفُوْرُ The Most Forgiving	اَلْعَظِيْمُ The Magnificent	اَلْحَلِيْمُ The Forbearing	اَلْخَبِيْرُ The All Aware
اَلْحَسِيْبُ The Bringer of Judgement	اَلْمُقِيْتُ The Nourisher	اَلْحَفِيْظُ The Protector	اَلْكَبِيْرُ The Most Great	اَلْعَلِيُّ The Most High

اَلْوَاسِعُ The All Encompassing	اَلْمُجِيْبُ The One who Answers	اَلرَّقِيْبُ The Watchful	اَلْكَرِيْمُ The Generous	اَلْجَلِيْلُ The Majestic
اَلشَّهِيْدُ The Witness	اَلْبَاعِثُ The Restorer of life	اَلْمَجِيْدُ The All Glorious	اَلْوَدُوْدُ The Most Loving	اَلْحَكِيْمُ The All Wise
اَلْوَلِيُّ The Helper	اَلْمَتِيْنُ The Invincible	اَلْقَوِىُّ The Most Strong	اَلْوَكِيْلُ The Provident	اَلْحَقُّ The Truthful
اَلْمُحْيِىْ The Giver of life	اَلْمُعِيْدُ The Restorer	اَلْمُبْدِئُ The Originator of all	اَلْمُحْصِىْ The Accounter	اَلْحَمِيْدُ The All Praiseworthy
اَلْمَاجِدُ The Noble and Illustrious	اَلْوَاجِدُ The Finder	اَلْقَيُّوْمُ The Self Subsisting Provider	اَلْحَىُّ The Ever living	اَلْمُمِيْتُ The Giver of death
اَلْمُقَدِّمُ The Expediter	اَلْمُقْتَدِرُ The Dominant	اَلْقَادِرُ The All Able	اَلصَّمَدُ The Self Sufficient	اَلْوَاحِدُ The Unique
اَلْبَاطِنُ The Hidden	اَلظَّاهِرُ The Evident	اَلْاٰخِرُ The Last	اَلْاَوَّلُ The First	اَلْمُؤَخِّرُ The Delayer
اَلْمُنْتَقِمُ The Avenger	اَلتَّوَّابُ The Ever Accepter of repentance	اَلْبَرُّ The Good	اَلْمُتَعَالِىْ The Most Exalted	اَلْوَالِىْ The Patron
ذُو الْجَلَالِ وَالْاِكْرَامِ The Lord of Majesty and Generosity		مَالِكُ الْمُلْكِ The Owner of All Sovereignty	اَلرَّءُوْفُ The Compassionate	اَلْعَفُوُّ The Pardoner
اَلْمَانِعُ The One who prevents	اَلْمُغْنِىْ The Enricher	اَلْغَنِىُّ The Independent	اَلْجَامِعُ The Assembler	اَلْمُقْسِطُ The Equitable

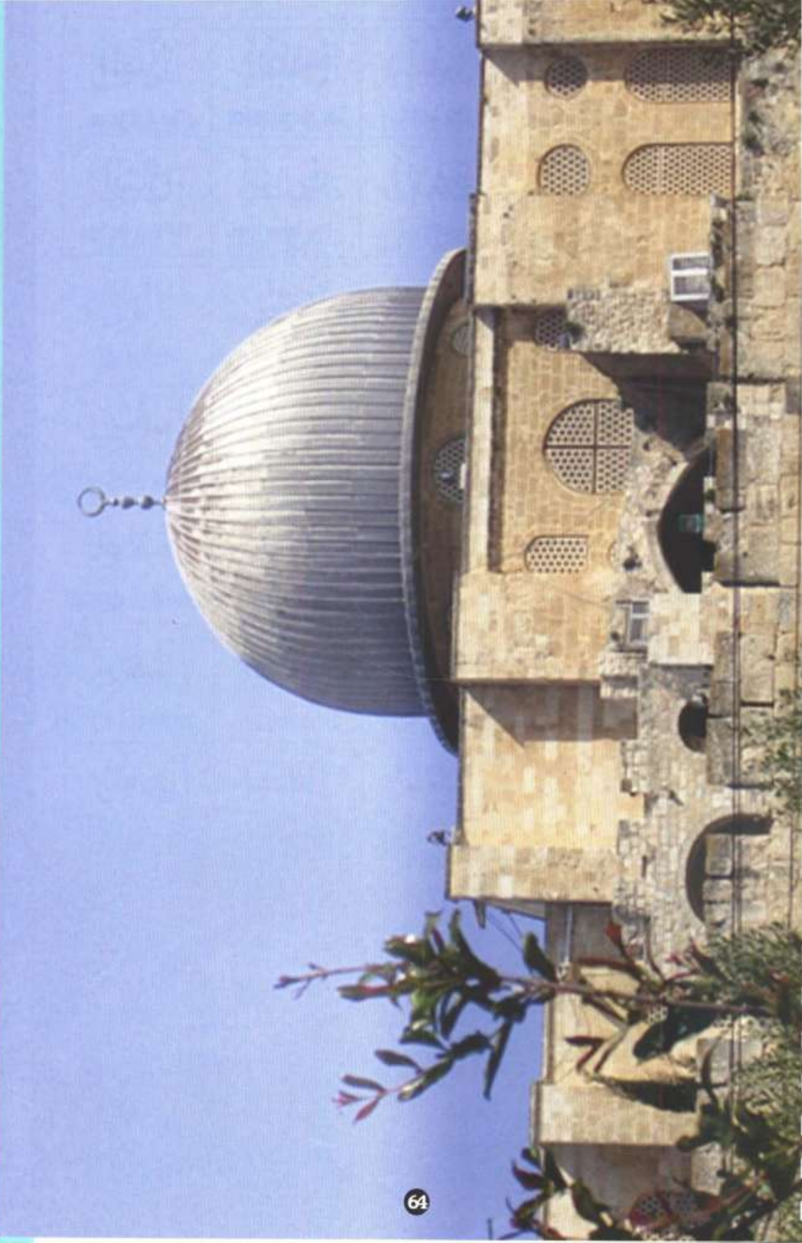
اَلْبَدِيْعُ The Incomparable	اَلْهَادِىْ The Guide	اَلنُّوْرُ The Light	اَلنَّافِعُ The Benefactor	اَلضَّآرُّ The Afflictor
	اَلصَّبُوْرُ The Patient	اَلرَّشِيْدُ The Guide	اَلْوَارِثُ The Inheritor	اَلْبَاقِىْ The Everlasting

VIRTUE - Nabi ﷺ said:

"Indeed Allah has 99 names.
Whosoever memorises them
will enter Jannah."

(Sunan Tirmidhi-Book of Supplications)





8 Level Eight

Tick the Arabic or English boxes when you have memorised the Du'aas

	Arabic	English
74. Du'aa of Hadhrat Yunus عليه السلام	☐	☐
75. Seeing others in distress	☐	☐
76. In fear of an enemy or a group of people	☐	☐
77. Experiencing financial difficulty	☐	☐
78. Seeking refuge from four things	☐	☐
79. Safety from calamities	☐	☐
80. Seeking refuge from evil actions, evil character and evil desires	☐	☐
81. Talbiyah	☐	☐
82. Steadfastness and protection on Imaan	☐	☐
83. At the time of strong winds	☐	☐
84. At the time of thunder	☐	☐
85. At the time of excessive rain	☐	☐
86. Asking for peace in both worlds	☐	☐
87. Asking for entry into Paradise & safety from the Hellfire	☐	☐
88. A beautiful Du'aa of Rasulullah ﷺ	☐	☐
Adhaan/Iqaamah (The call to prayer)	☐	☐

74 Du'aa of Hadhrat Yunus عَلَيْهِ السَّلَام

Read this Du'aa for acceptance, during an illness or in a state of distress

﴿لَا إِلٰهَ إِلَّا أَنْتَ سُبْحَانَكَ ط
إِنِّي كُنْتُ مِنَ الظّٰلِمِيْنَ﴾

There is no-one worthy of worship besides You. Glory is to You.

I indeed am of the wrong-doers.

Holy Qur'aan: Surah Ambiyaa (Chapter 21, Verse 87)

Nabi ﷺ said: "The supplication made by the Companion of the Fish (Hadhrat Yunus عَلَيْهِ السَّلَام) in the belly of the fish was this above Du'aa. If any Muslim supplicates with these words, his supplication will be accepted / responded to."

(Sunan Tirmidhi-Book of Supplications)

The Messenger of Allah ﷺ said: "When any Muslim makes Du'aa with these words during his illness forty times and if he dies of that disease, he is granted the reward of a martyr and if he recovers from that disease, then all his sins are forgiven."

(Mustadrak Hakim-Book of Supplications)

The Messenger of Allah ﷺ said:"I know words that will cause Allah to remove ones distress. These are the words (of supplication) of my brother Yunus عَلَيْهِ السَّلَام."

(Mustadrak Hakim-Book of Supplications)

75 Seeing others in distress

Read Quietly to Yourself

﴿ اَلْحَمْدُ لِلّٰهِ الَّذِىْ عَافَانِىْ مِمَّا ابْتَلَاكَ بِهٖ ط
وَ فَضَّلَنِىْ عَلٰى كَثِيْرٍ مِّمَّنْ خَلَقَ تَفْضِيْلًا ﴾

All praise is for Allah who has saved me from this difficulty which He has afflicted you with and conferred on me special favours, which by virtue has placed me over and above a great part of His creation.

(Sunan Tirmidhi-Book of Supplications)

VIRTUE - Nabi ﷺ said:
"Whoever sees a person afflicted and he read this Du'aa then he shall be saved from that affliction for as long as he lives."

76 In fear of an enemy or a group of people

﴿ اَللّٰهُمَّ اِنَّا نَجْعَلُكَ فِىْ نُحُوْرِهِمْ ط
وَ نَعُوْذُبِكَ مِنْ شُرُوْرِهِمْ ﴾

O Allah! We place You in our front and we seek Your protection from their evil.

(Sunan Abu Dawood-Book of Struggle)

77 Experiencing financial difficulty

﴿ اَللّٰهُمَّ اكْفِنِىْ بِحَلَالِكَ عَنْ حَرَامِكَ ط
وَ اَغْنِنِىْ بِفَضْلِكَ عَمَّنْ سِوَاكَ ﴾

O Allah! Provide me with lawful sustenance enough for my needs instead of unlawful sustenance, and with Your grace make me dependant on none besides Yourself.

(Sunan Tirmidhi-Book of Supplications)



78 Seeking refuge from four things

﴿ اَللّٰهُمَّ اِنِّىْ اَعُوْذُبِكَ مِنْ عِلْمٍ لَّا يَنْفَعُ ط
وَمِنْ قَلْبٍ لَّا يَخْشَعُ ط وَمِنْ نَّفْسٍ لَّا تَشْبَعُ ط
وَمِنْ دَعْوَةٍ لَّا يُسْتَجَابُ لَهَا ﴾

O Allah! I seek refuge in You from the knowledge which does not benefit, the heart that does not entertain the fear of Allah, the soul that does not feel contented and the supplication that is not responded.

(Sahih Muslim-Book of Remembrance of Allah, Supplication, Repentance and Seeking Forgiveness)

79 Safety from calamities

Read 3 times morning and evening

﴿بِسْمِ اللّٰهِ الَّذِیْ لَا یَضُرُّ مَعَ اسْمِهٖ شَیْءٌ فِی الْاَرْضِ وَلَا فِی السَّمَآءِ ۖ وَهُوَ السَّمِیْعُ الْعَلِیْمُ﴾

In the name of Allah, when whose name is mentioned, nothing in the Earth or in the Heaven can cause harm. And He is All-Hearing, All-Knowing.

(Sunan Abu Dawood-Book of Manners)

VIRTUE - Nabi ﷺ said:

"Whoever reads this Du'aa three times in the morning, he will not be stricken with a sudden affliction until evening comes, and whoever reads it three times in the evening, he will not be stricken with a sudden affliction until morning comes."

80 Seeking refuge from evil character, evil actions and evil desires

﴿اَللّٰهُمَّ اِنِّیْ اَعُوْذُبِكَ مِنْ مُّنْكَرَاتِ الْاَخْلَاقِ وَالْاَعْمَالِ وَالْاَهْوَاءِ﴾

O Allah! I seek refuge in You from evil character, evil actions and evil desires.

(Sunan Tirmidhi-Book of Supplications)

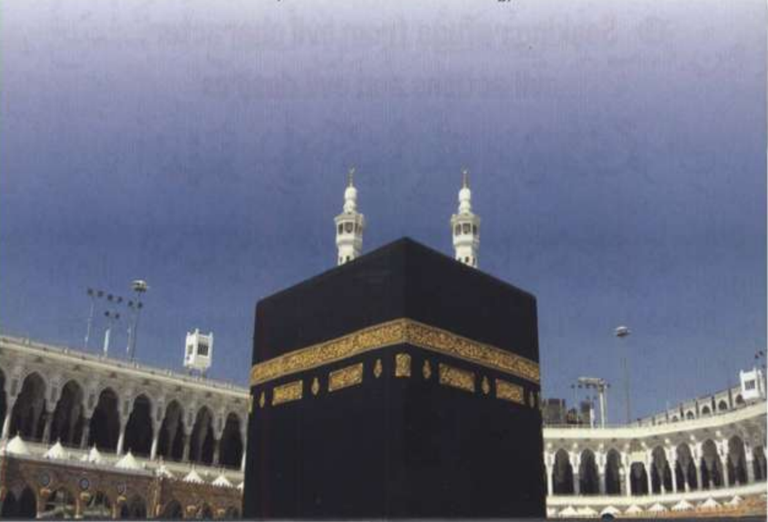
81 Talbiyah

Du'aa by the pilgrims as a conviction that they intend to perform the Hajj or Umrah only for the glory of Allah upon putting on the Ihraam. Repeatedly read during the Hajj.

﴿لَبَّيْكَ اَللّٰهُمَّ لَبَّيْكَ ط لَبَّيْكَ لَا شَرِيْكَ لَكَ لَبَّيْكَ ط اِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكُ ط لَا شَرِيْكَ لَكَ﴾

I am present at Your service O Allah! I am present at Your service. I am present at Your service, You have no partner, I am present at Your service. Indeed all praises and blessings belong to You and the kingdom. You have no partner.

(Sahih Bukhaari-Book of Hajj)



82 Steadfastness and protection on Imaan

﴿رَبَّنَا لَا تُزِغْ قُلُوْبَنَا بَعْدَ اِذْ هَدَيْتَنَا

وَهَبْ لَنَا مِنْ لَّدُنْكَ رَحْمَةً ط

اِنَّكَ اَنْتَ الْوَهَّابُ﴾

Our Lord! Do not let our hearts deviate from the right path after You have given us guidance, and bestow upon us mercy from Your own. Surely, You, and You alone, are the One who bestows in abundance.

Holy Qur'aan: Surah Aali Imran (Chapter 3,Verse 8)

83 At the time of strong winds

﴿اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ خَيْرَهَا

وَاَعُوْذُبِكَ مِنْ شَرِّهَا﴾



O Allah! I ask You for the good of it and seek refuge in You against its evil.

(Sunan Abu Dawood-Book of Manners)

84 At the time of thunder

﴿سُبْحَانَ الَّذِیْ یُسَبِّحُ الرَّعْدُ بِحَمْدِهٖ ط
وَالْمَلٰٓئِکَةُ مِنْ خِیْفَتِهٖ﴾

Glory is to Allah whom the thunder glorifies with His praise and (so do) the angels from the fear of Him.

(Muatta Imam Maalik-Book of Speech)



85 At the time of excessive rain

﴿اَللّٰهُمَّ حَوَالَیْنَا وَلَا عَلَیْنَا ط اَللّٰهُمَّ عَلَی الْاٰکَامِ
وَالظِّرَابِ وَبُطُوْنِ الْاَوْدِیَةِ وَمَنَابِتِ الشَّجَرِ﴾

O Allah! Send rain in the outskirts, but not on us. O Allah! Make it rain upon the hills, mountains, bottoms of the valleys and forests.

(Sahih Bukhaari-Book of Asking for Rain)



86 Asking for peace in both worlds

﴿اَللّٰهُمَّ اِنِّىْ اَسْئَلُكَ الْعَافِيَةَ فِى الدُّنْيَا وَالْاٰخِرَةِ﴾

O Allah! I ask of You peace in this world and in the hereafter.

(Sunan Tirmidhi-Book of Supplications)

87 Asking for entry into Paradise & safety from the Hellfire

Read three times

﴿اَللّٰهُمَّ اِنِّىْ اَسْئَلُكَ الْجَنَّةَ ط وَاَجِرْنِىْ مِنَ النَّارِ﴾

O Allah! I ask Paradise from You, and I seek your protection from the Hellfire.

(Sunan Nasaai-Book of Seeking Protection in Allah)

VIRTUE - Nabi ﷺ said:

"Whoever asks Allah for Paradise three times, Paradise will say: O Allah! Admit him to Paradise. And whoever seeks protection from Hell three times, Hell will say: O Allah! Protect him from the Fire."

88 A beautiful Du'aa of Rasulullaah ﷺ

﴿اَللّٰهُمَّ اِنِّىْ اَسْئَلُكَ الْهُدٰى وَالتُّقٰى

وَالْعَفَافَ وَالْغِنٰى﴾

O Allah! Verily I ask from You guidance, piety, chastity and self-sufficiency.

(Sahih Muslim-Book of Supplications)



Adhaan (The call to Prayer)

﴿اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ﴾

﴿اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ﴾

Allah is the greatest, Allah is the greatest.

﴿اَشْهَدُ اَنْ لَّآ اِلٰهَ اِلَّا اللّٰهُ﴾

﴿اَشْهَدُ اَنْ لَّآ اِلٰهَ اِلَّا اللّٰهُ﴾

I bear witness that there is no-one worthy of worship besides Allah.

﴿اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ﴾

﴿اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ﴾

I bear witness that Muhammad ﷺ is Allah's Messenger.

﴿حَيَّ عَلَى الصَّلٰوةِ﴾ ﴿حَيَّ عَلَى الصَّلٰوةِ﴾

Come to Prayer.

﴿حَيَّ عَلَى الْفَلَاحِ﴾ ﴿حَيَّ عَلَى الْفَلَاحِ﴾

Come to success.

﴿اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ﴾

Allah is the greatest.

﴿لَآ اِلٰهَ اِلَّا اللّٰهُ﴾

There is no-one worthy of worship besides Allah.

Read in the Adhaan for Fajr Salaah after حَيَّ عَلَى الْفَلَاحِ

﴿اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ﴾

﴿اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ﴾

Prayer is better than sleep.

Reply to the Adhaan with the same words apart from

﴿حَيَّ عَلَى الصَّلٰوةِ﴾ ﴿حَيَّ عَلَى الْفَلَاحِ﴾

Come to Prayer. Come to success.

In the reply to the above words

﴿لَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ﴾

There is no power and might except from Allah.

(Sunan Abu Dawood-Book of Salaah)

Iqaamah

(The second call to Prayer - given immediately before the Prayer begins)

In Iqaamah there is an addition of these words which are to be read after حَيَّ عَلَى الْفَلَاحِ

The remaining words are the same as the Adhaan

﴿قَدْ قَامَتِ الصَّلٰوةُ﴾

﴿قَدْ قَامَتِ الصَّلٰوةُ﴾

Prayer is about to start.

(Sunan Abu Dawood-Book of Salaah)



9 Level Nine

check list

Tick the Arabic or English boxes when you have memorised the Du'aas

	Arabic	English
89. At the time of anger	☐	☐
90. After making a mistake (2)	☐	☐
91. Seeking refuge from blessings being uplifted	☐	☐
92. Laylatul Qadr (The night of power)	☐	☐
93. Protection from Shirk (Ascribing partners with Allah)	☐	☐
94. Purification of the Nafs (inner-self)	☐	☐
95. Protection from the Devils	☐	☐
96. Seeking refuge from all bodily organs	☐	☐
97. Seeking refuge from the trials of the world and the hereafter	☐	☐
98. Du'aa to read in the Morning, evening and before sleeping	☐	☐
99. Sayyidul Istighfaar (The leader of seeking forgiveness)	☐	☐
100. Most comprehensive Du'aa	☐	☐
101. Words to make the scales heavier on the Day of Judgement	☐	☐

89 At the time of anger

﴿ أَعُوذُ بِاللّٰهِ مِنَ الشَّيْطَانِ الرَّجِيمِ ﴾

I seek protection in Allah from Shaytaan, the rejected one.

(Sahih Bukhaari-Book of Manners)

VIRTUE

Two men reviled one another in the presence of the Prophet ﷺ and the eyes of one of them started to turn red, and his jugular vein began to swell. The Messenger of Allah ﷺ said: "I know a word which, if this man said it, that which he is feeling would go away." Then he read this Du'aa.

90 After making a mistake (2)

﴿ أَسْتَغْفِرُ اللّٰهَ الَّذِىْ لَا إِلٰهَ إِلَّا هُوَ الْحَىُّ الْقَيُّومُ ط وَأَتُوبُ إِلَيْهِ ﴾

I seek Allah's forgiveness, the One besides whom there is none worthy of worship, the Ever-Living, the Sustainer, and I turn to Him in repentance.

(Sunan Abu Dawood-Book of Salaah)

VIRTUE - Nabi ﷺ said:

"Whoever makes this Istighfaar, he will be forgiven."

⑨① Seeking refuge from blessings being uplifted

﴿ اَللّٰهُمَّ اِنِّى اَعُوذُبِكَ مِنْ زَوَالِ نِعْمَتِكَ ط
وَ تَحَوُّلِ عَافِيَتِكَ ط وَ فُجَاءَةِ نِقْمَتِكَ ط
وَ جَمِيْعِ سَخَطِكَ ﴾

O Allah! I seek refuge in You that Your blessings are lifted, that Your protection (of me) is changed, in the suddenness of Your punishment and from all Your anger.

(Sahih Muslim-Book of Remembrance of Allah, Supplication, Repentance and Seeking forgiveness)

⑨② Laylatul Qadr

The night of power in the month of Ramadhaan

﴿ اَللّٰهُمَّ اِنَّكَ عَفُوٌّ تُحِبُّ
الْعَفْوَ فَاعْفُ عَنِّىْ ﴾

O Allah! Indeed You are forgiving. You love forgiveness, so do forgive me.

(Sunan Tirmidhi-Book of Supplications)

93 Protection from Shirk (ascribing partners with Allah)

﴿اَللّٰهُمَّ اِنِّيْ اَعُوْذُ بِكَ اَنْ اُشْرِكَ بِكَ
وَاَنَا اَعْلَمُ ط وَاَسْتَغْفِرُكَ لِمَا لَا اَعْلَمُ﴾

O Allah! I seek refuge in You that I associate anything with You while I know it, and I seek Your forgiveness for what I do not know.

(Adabul Mufrad-Virtues of Supplication)

94 Purification of the Nafs (inner-self)

﴿اَللّٰهُمَّ اٰتِ نَفْسِيْ تَقْوٰهَا ط وَزَكِّهَا
اَنْتَ خَيْرُ مَنْ زَكّٰهَا ط اَنْتَ وَلِيُّهَا وَمَوْلٰهَا﴾

O Allah! Grant to my soul the sense of righteousness and purify it.
For You are the Best Purifier thereof.
You are the Protecting Friend and Guardian thereof.

(Sahih Muslim-Book of Remembrance of Allah, Supplication, Repentance and Seeking Forgiveness)



95 Protection from the Devils

﴿ رَبِّ اَعُوْذُ بِكَ مِنْ هَمَزٰتِ الشَّيٰطِيْنِ ﴾

﴿ وَ اَعُوْذُ بِكَ رَبِّ اَنْ يَّحْضُرُوْنِ ﴾

My Lord! I seek refuge in You from the strokes of the Shayaateen. And I seek refuge in You, my Lord even from their coming near me.

Holy Qur'aan: Surah Mu'minoon (Chapter 23, Verses 97/98)

96 Seeking refuge from all bodily organs

This Du'aa is very comprehensive. It protects one from all sins as well as from the means leading to them.

﴿ اَللّٰهُمَّ اِنِّیْ اَعُوْذُبِكَ مِنْ شَرِّ سَمْعِیْ ط

وَمِنْ شَرِّ بَصَرِیْ ط وَمِنْ شَرِّ لِسَانِیْ ط

وَمِنْ شَرِّ قَلْبِیْ ط وَمِنْ شَرِّ مَنِیِّیْ ﴾

O Allah! I seek refuge in You from the evil of my ears, eyes, tongue, heart and private parts.

(Sunan Abu Dawood-Book of Witr)

97 Seeking refuge from the trials of the world and the hereafter

﴿ اَللّٰهُمَّ اِنِّیْ اَعُوْذُبِكَ مِنْ عَذَابِ جَهَنَّمَ ط

وَاَعُوْذُبِكَ مِنْ عَذَابِ الْقَبْرِ ط

وَاَعُوْذُبِكَ مِنْ فِتْنَةِ الْمَسِيْحِ الدَّجَّالِ ط

وَاَعُوْذُبِكَ مِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ ﴾

O Allah! I seek refuge in You from the punishment of the hellfire, the punishment of the grave, the trials of Dajjaal and the trials of life and death.

(Sunan Abu Dawood-Book of Salaah)

VIRTUE

Hadhrat Abdullah bin Abbaas (R.A) narrated that the Messenger of Allah ﷺ would teach them this Du'aa just as he would teach them a Surah from the Holy Qur'aan.

98 Du'aa to read in the morning, evening and before sleeping

A very important Du'aa seeking protection from the evil of Shaytaan and the Nafs (inner-self).

﴿ اَللّٰهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ ط

فَاطِرَ السَّمٰوٰتِ وَالْاَرْضِ ط رَبَّ كُلِّ

شَيْءٍ وَّمَلِيْكَهٗ ط اَشْهَدُ اَنْ لَّا اِلٰهَ اِلَّا اَنْتَ ط

اَعُوْذُ بِكَ مِنْ شَرِّ نَفْسِيْ

وَمِنْ شَرِّ الشَّيْطَانِ وَشَرَكِهٖ ﴾

O Allah! Knower of the unseen and the seen, Originator of the heavens and the earth, Lord of everything and its Possessor. I bear witness that there is none worthy of worship besides You, I seek refuge in You from the evil of my soul, Shaytaan and his trap.

(Sunan Tirmidhi-Book of Supplications)

VIRTUE

Hadhrat Abu Bakr (R.A) said: "O Messenger of Allah ﷺ, command me with something that I may say when I reach morning and evening." He said: "Say this Du'aa, say it when you reach morning, and evening, and when you go to bed."

99 Sayyidul Istighfaar (The leader of seeking forgiveness)

Read in the morning and evening

﴿اَللّٰهُمَّ اَنْتَ رَبِّيْ لَا اِلٰهَ اِلَّا اَنْتَ خَلَقْتَنِيْ

وَاَنَا عَبْدُكَ ط وَاَنَا عَلٰى عَهْدِكَ وَوَعْدِكَ مَا

اسْتَطَعْتُ ط اَعُوْذُبِكَ مِنْ شَرِّ مَا صَنَعْتُ ط

اَبُوْٓءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَ اَبُوْٓءُ لَكَ بِذَنْبِيْ ط

فَاغْفِرْلِيْ فَاِنَّهٗ لَا يَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ﴾

O Allah! You are my Lord, there is no-one worthy of worship besides You. You have created me and I am Your servant. I abide to Your covenant and promise as best as I can, I seek refuge with You from all the wrong I have done. I acknowledge Your favour upon me and I confess to You my sins. So forgive, for verily none can forgive sins except You.

(Sahih Bukhaari-Book of Supplications)

VIRTUE - Nabi ﷺ said:

"The most superior way of asking for forgiveness from Allah is..." He added "If somebody reads it during the day with firm faith in it, and dies on the same day before the evening, he will be from the people of Jannah. And if somebody reads it at night with firm faith in it, and dies before the morning, he will be from the people of Jannah."

100 Most comprehensive Du'aa

﴿ اَللّٰهُمَّ اِنَّا نَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ
مِنْهُ نَبِيُّكَ مُحَمَّدٌ ﷺ ط وَ نَعُوذُبِكَ مِنْ
شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ ﷺ ط
وَ اَنْتَ الْمُسْتَعَانُ وَ عَلَيْكَ الْبَلَاغُ ط
وَلَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ ﴾

O Allah! Indeed we ask of You all the good things asked from You by Your Prophet Muhammad ﷺ and we seek Your protection from all the evil things which Your Prophet Muhammad ﷺ sought protection from. You are the One from whom aid is sought, and it is You to fulfil, and there is no might or power except from Allah.

(Sunan Tirmidhi-Book of Supplications)

101 Words to make the scales heavier on the Day of Judgement

﴿ سُبْحَانَ اللّٰهِ وَبِحَمْدِهِ
سُبْحَانَ اللّٰهِ الْعَظِيمِ ﴾

Glory and praise is to Allah, glory is to Allah the Great.

(Sahih Bukhaari-Book of Oneness of Allah)

VIRTUE - Nabi ﷺ said:
"There are two words which are dear to the Beneficent (Allah) and very light (easy) for the tongue (to say), but very heavy in weight in the scales."



A GARDEN OF PRAYERS

....."Nabi sallallāhu 'alayhi wasallam's recognition of Allah was at a par which can never be matched. Thus his manner of turning to Allah and making Du'a (supplication) is of the same level. It is for this reason we find that the Du'as (supplications) of our beloved Nabi sallallāhu 'alayhi wasallam are compiled and Muslims are encouraged to memorise them and read them at their prescribed time"....

Shaykh-Ul-Hadeeth Mawlana Muhammad Saleem Dhorat (Hafizahullah)
Founder and Principal of Islamic Dawah Academy (Leicester, UK)

...."Therefore, learning and practising these Du'aas for the appropriate situations is essential for instilling the remembrance of Allah in one's life. Inculcating this Sunnah of our beloved Messenger from a young age is of paramount importance in order to create the awareness of Allah and taqwa, as one will come to realise that Allah is watching everything we do"....

Hadhrat Mufti Abdus-Samad Ahmed (Hafizahullah)
Principal, Jamiatul-Ilm Wal-Huda (Blackburn, UK)

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